

Food Living Outside Play Technology Workshop

Easy Frozen Lemonade

by **Penolopy Bulnick** on July 10, 2013

Table of Contents

Easy Frozen Lemonade	1
Intro: Easy Frozen Lemonade	2
Step 1: Supplies	2
Step 2: Make Simple Syrup	3
Step 3: Squeeze those Lemons	4
Step 4: Mix and Freeze	5
Step 5: Make Your Slushie!	7
Step 6: Enjoy!	9
Related Instructables	0
Advertisements	10



Author:Penolopy Bulnick Pinterest

If you are having trouble on the site, feel free to PM me! I'm happy to help out and if I don't know how to help you, I'll find someone who can :D

I believe in simple recipes for things that are entirely too unhealthy to eat more than once in your life and making up sewing patters as you go. I can't read sewing patterns anyway. (Well, I can, I have. Well, I have followed at least part of a pattern at least.)

I live with my husband in Berkeley in an old cottage that will fall down from an earthquake one of these days!

Pinterest: http://pinterest.com/PenolopyBulnick/ Twitter: https://twitter.com/PenolopyBulnick Tumblr: http://dittogirl.tumblr.com/ Deviantart: http://princessditto.deviantart.com/ Craftsy: https://www.craftsy.com/user/837300/projects Etsy: http://www.etsy.com/people/PenolopyKnowsBest

Craftster: http://www.craftster.org/forum/index.php?action=profile;u=285113

Intro: Easy Frozen Lemonade

What is better on a hot summer day than a nice cold glass of Lemonade? A Frozen Lemonade Slushie, of course! This is a really easy recipe to get an awesome glass of frozen lemonade slush!

I'm experimenting with adding my own Pin It button using the Pinterest Widget Builder Page . If you click the pin it button and pin this (which would be awesome) it will close the page when you are done :(

You can get around this by clicking on the Pin it button to open in a new tab. After you are done pinning, give it a few seconds and that new tab will automatically close. I would suggest doing it this way!



Step 1: Supplies

If you want to make this uber easy, just buy lemonade or lemonade mix and then you just need ice cube trays and a blender.

Also, I just want to say, I particularly like this method for making frozen lemonade because you are not diluting it. It is just delicious lemonade with more delicious lemonade!

Ingredients:

- Lemons or lemon juice (I ended up juicing 8 lemons to make 1 cup of lemon juice)
- Water (you'll need some for the simple syrup, if you make that, and for the lemonade)
- Sugar or simple syrup

Tools:

- Lemon/orange/grapefruit juicer [I got one at Daiso (a \$1.50 store) and it worked very nice]
- Sauce pan (for making simple sugar)
- Ice cube trays (I used mini ice cube trays I got at Daiso and they are great for making slushies)
- Blender (I used a hand blender and Magic Bullet, because that's what I have)

This recipe makes about 3 - 4 servings based on how much you want.



Step 2: Make Simple Syrup

Now, you don't have to do this, but it is much better for blending with your lemon juice and water.

This was my first time doing this and I would strongly suggest it as it makes the lemonade so much better and it is so, so, so easy to do.

The directions are provided here by jessyratfink

I wasn't sure how much I would do so I did 4 cups of water and sugars worth. For my lemonade, I ended up adding 1 1/2 cups to go with the rest of my ingredients. So you don't need to make as much for me unless you want it for later!







Step 3: Squeeze those Lemons
Time to get some juice from those lemons! Now you can hand squeeze them. I did that for my 4th of July Ice Cubes , but this time I decided to get a cool and cheap grapefruit juicer and it really helped me get the most out of my lemons.

I just went until I used all of my lemons (8) and that gave me almost exactly 1 cup of lemon juice. I also kept all the pulp. Just for fun, I used my hand blender to try to break up the pulp as much as possible. Put this in the fridge until you are ready to use.

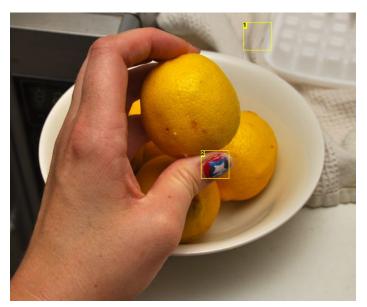
Don't forget to take out the seeds!











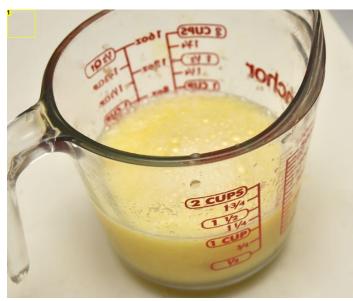


Image Notes

- 1. To show you the size of my lemons. This is why I needed all 8.
- 2. Yeah, I know, I need to change my polish!

Image Notes

1. My juice after being hand blended. You can see it is almost exactly 1 cup.

Step 4: Mix and Freeze

Once you have everything ready, it is time to mix your lemonade. I am going to tell you my amounts, but you can change it to your tastes. I added things from what I had least of to what I had most of. Meaning I started with the lemon juice first because I didn't want to start with 5 cups of water, add the lemon juice and decide I needed more when I didn't have it:/

- 1 Cup Lemon Juice
- 1 1/2 Cup Simple Sugar
- 4 Cups Water

(I actually added the cup of lemon juice, a cup of simple sugar, and then water in at a cup at a time and at the last minute threw in another half cup of simple sugar. It was a good choice.)

Once you have your mix, fill your ice cube trays. Don't use all your lemonade, you need some for later when you blend the ice cubes.

Freeze and be patient. Might want to do this the day before. If you are going to need a lot and don't have many trays, it is good to freeze some, take them out of the trays and put them in your "ice bucket" in the freezer and make more ice cubes until you have enough.

*I'm sorry my pitcher of lemonade is ugly (right), all I ever make is iced tea and it dyes the pitcher after a while.















Step 5: Make Your Slushie!

Once your ice cubes are ready, get them out of the trays. Now I used a magic bullet, adjust as needed for a blender or other.

I made single servings at a time. Take bout a cup or two's worth of ice cubes and combine that with about half a cup of lemonade. I did not measure either so add more of one or the other as needed. Mix until it is slushie consistency.

Serve and enjoy!

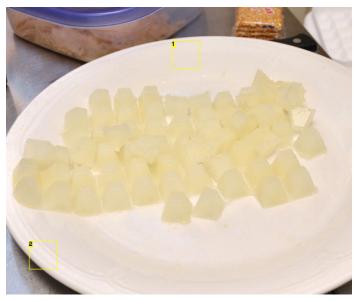




Image Notes

- Cute little ice cubes!
 I had to bang them on a plate to get them out. The ice cube tray is plastic and bendy, but they were stubborn!



Image Notes
1. This is just under a tray and a half of tiny ice cubes.





Image Notes
1. slushie consistency



Step 6: Enjoy!

Just more pictures for your viewing pleasure! For some reason that lemon always ended up on the right side of the cup, crazy! I had actually used all my lemons so didn't have one for the picture until I wandered around the yard and found a sad little lemon under a tree and borrowed it for my photo shoot.







http://www.instructables.com/id/Easy-Frozen-Lemonade/

Related Instructables



rosemary lemonade by rocket



Mango and Mint Tea Watermelon Slushie *Sugar Free* (Photos) by kitchencandid



Hot Lemonade by craftknowitall



Pink cherry lemonade aka something sweet easy and yummy to drink on a warm day. yay. by OwlsAndCake



Five Wine Recipes to Enjoy by rolyben



Grandma's Lemonade by
NoFiller